



PhotoTherapy Centre

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Judy Weiser, R.Psych., A.T.R.

Founder & Director of the PhotoTherapy Centre



Judy Weiser is a psychologist, art therapist, author, international lecturer, trainer, consultant, and adjunct University instructor — and early pioneer of *PhotoTherapy* and other related photo-based helping techniques.

Founder and Director of the *PhotoTherapy Centre* in Vancouver, Canada (1982), she is considered the "world authority" on how people's interactions with personal photographs can be used to help them improve wellbeing and make positive changes in their lives.

Author of the classic text "*PhotoTherapy Techniques: Exploring the Secrets of Personal Snapshots and Family Albums*" (now in 3rd printing, with translations published in Italian, Korean, and Russian -- and soon Spanish) -- as well as dozens of professional Journal articles and book chapters on these subjects, some of which have been translated into Japanese, Italian, Korean, and Russian).

She also created and maintains the primary informational resource and networking website for the field ("*PhotoTherapy & Therapeutic Photography Techniques*") as well as the related Facebook Group "*PhotoTherapy, Therapeutic Photography, Photo Art Therapy, and VideoTherapy*", which now has over 8,000 members.

Judy has given over three hundred Educational Workshops, Advanced Training Intensives, and Invited Lecture Presentations about these Techniques in over 50 cities world-wide during the past 40 years (including Italy, Russia, Netherlands, Mexico, Korea, Finland, Sweden, Spain, Latvia, Poland, England, Scotland, USA, and Canada). She has also accepted numerous invitations to give Keynote or Plenary Presentations at International Professional Association Conferences in Poland, Italy, Mexico, Russia, United States, and Canada.

Former Editor of the journal *Phototherapy*, she is also on the Editorial Boards for the Italian Journal *PsicoArt: Rivista on line di arte e psicologia* and the *Journal of the Canadian Art Therapy Association* — and serves as Consultant for the *Center for Visual Therapies* (U.S.), the *Institute for Psychology and Photography* (Mexico), *PSYFoto* (Russia), *VideoReport & LaDamaSognatrice Produzioni Audiovisive* (Italy), and *The ONE Project* (Canada).

Having spent over 35 years using PhotoTherapy Techniques in her own private practices as a psychotherapist helping socially/culturally/racially marginalized, disenfranchised, and otherwise-excluded populations, Judy now consults, lectures, and teaches internationally by invitation, as well as offering various-length Educational and Training Workshops about how to use PhotoTherapy (and related) Techniques to help people make desired changes. And she will soon be offering a comprehensive package of Online Courses about both PhotoTherapy and Therapeutic Photography techniques, as well as related topics.

- **Judy Weiser can be contacted at:** jweiser@phototherapy-centre.com or call/text: 604-202-3431

Additional Biographical information -- and a list of her numerous Professional Publications (available for free download) -- can be found at: <http://phototherapy-centre.com/about-judy-weiser/>